



Caring for Your Total Well-being

Care1st is committed to caring for you in every area of your life. That means we are here for your physical, emotional and social needs. We go beyond traditional healthcare services to connect you to resources that focus on other needs as well.



Helping Members through Community Involvement

We work to connect our members to vital community services and programs, including Family Resource Centers.



Help With Life Challenges

When a lack of basics such as food and shelter get in the way of your good health, our Community Connections Line can help. Would you like to learn more? Please call us toll-free at **1-866-775-2192 (TTY 711)** Monday-Friday from 9 a.m. to 6 p.m. We can connect you to help with utilities, rent, food, transportation, child care and more.



Steps2Success Program

We help members take steps in reaching their employment, financial and/or educational goals by offering:

- No-cost job training and financial education.
- No-cost GED testing for members 16 and older.
- No-cost reading scholarships for members in kindergarten to 5th grade to improve reading skills.



Contact Us

Our Customer Service department can answer your questions and help find the coverage that is right for you.

Call toll-free **1-866-560-4042 (TTY 711)** Monday–Friday, 8 a.m. to 5 p.m.
Or visit **www.care1staz.com**.



How to Enroll

Apply online at **www.azahcccs.gov** and choose *Care1st* as your health plan.



Health Benefits For a Better You

Proudly Serving Northern Arizona:
Apache, Coconino, Yavapai, Navajo, and Mohave



Why Choose Care1st

Care1st puts you and your family first. We offer the services you expect from a great health plan. This includes doctor, hospital and prescription drug coverage. But our plans go beyond the basics. We want to help you live a better, healthier life.



Providers You Can Trust

With so many doctors and hospitals active in our network, chances are very good your current providers are included.



Benefits to Boost Your Good Health

We do more than cover you when you are sick. We provide preventive care to help you stay healthy in the first place.



Call a Nurse 24/7

If you are sick or need medical advice after hours, the Nurse Advice Line is available 24 hours a day at no cost to you.



Special Programs

Enjoy valuable health-related programs and services at no cost.



Online Resources

Stay connected with your plan with easy website tools that let you manage your coverage.



Caring Customer Service

Our Customer Service team is just a phone call away. They can explain your coverage and how to make the most of your benefits. They can even help you find a doctor or set an appointment.

Covered Benefits for a Healthy You

✓ Behavioral Health	✓ Doctor's Visits
✓ Immunizations (shots)	✓ Family Planning Services
✓ Dialysis	✓ Prescriptions ¹
✓ Lab and X-rays	✓ Glasses ²
✓ Specialist Care	✓ Vision Exams ²
✓ Hospital Services	✓ Hearing Exams ²
✓ Transportation to Doctor	✓ Hearing Aids ²
✓ Emergency Care	✓ Dental Screening ²
✓ Physical Exams	✓ Dental Treatment ²
✓ Pregnancy Care	✓ Emergency Dental ³
✓ Surgery Services	✓ Podiatry Services ⁴
	✓ Early and Periodic Screening Diagnosis and Treatment (EPSDT) Services ⁵

¹Not covered if you have Medicare.

²Provided for children under age 21.

³Provided for adults 21 and older. Up to \$1,000 per contract year.

⁴Performed by a Podiatrist.

⁵Provided for Medicaid eligible children under age 21.



Choose the Plan That Cares About the Whole You

Speak with Customer Service. They can explain your options and help find the right coverage for you.



Call Us Toll-Free

1-866-560-4042 | TTY 711
Monday–Friday, 8 a.m. to 5 p.m.



Visit Us Online

www.care1staz.com

To become a Care1st member, you must apply for health coverage online through AHCCCS at www.azahcccs.gov and choose *Care1st* as your health plan.

Contract services are funded in part under contract with the State of Arizona.