

DENTIST TIME! Starting at Age 1



At Care1st you are assigned a DENTAL HOME. This means a dentist that sees you for all your dental care.

YOU NEED:

- **A Dental visit EVERY 6 MONTHS.**
- **Fluoride VARNISH** put on your teeth by your PCP every 6 months until 2 yrs old
- **SEALANTS** applied to molars by your dentist every 3 years up to age 15

(Varnish and Sealants protect teeth against cavities)

Anyone under the age of 21 can see the dentist.

Go ahead, make an appointment

NO referral is needed

Need help with a dentist. Call:
Care1st Member Services at 1-866-560-4042 or
DentaQuest at 1-855-453-5283.