

March 2020

Care1st Avondale Resource Center

International Rescue Committee (IRC) - U.S. Citizenship Classes

These are free classes for individuals interested in becoming a U.S. Citizen. These classes will help prepare participants for the civics, reading, writing and speaking components of the citizenship test that are a requirement for the naturalization process, which is administered by U.S. Citizenship and Immigration Services (USCIS). **Preregistration required.**

Dates and Times: Every Tuesday through March 24th, 2020 — 4 PM to 7 PM (beginner level English)
Every Thursday through March 26th, 2020 – 4 PM to 7 PM (intermediate to advanced level English)

The Readiness Basket: Empowering Parents to be their Child's First Teacher—Parent Workshops

The Readiness Basket is a weekly early childhood program for parents, caregivers and their children, zero to five years old. Participants will learn practical and fun ways to nurture early brain development and prepare their young children for kindergarten success. Books and materials as well as childcare will be provided at no cost. **Preregistration required.**

Dates and Times: Every Wednesday through May 13th, 2020 — 9:00 AM to 11:00 AM

Care1st Avondale Resource Center — Annual Celebration of Reading Event

In honor of Dr. Seuss' birthday, on March 2nd and National Reading Awareness Month, the Care1st Avondale Resource Center will be hosting our annual Celebration of Reading event designed to encourage young children and families to read at least 20 minutes every day. Every child, age 0 to 5 years, will leave with a FREE book! Join us to listen to books read by guest readers and makes some crafts, too!

Date and Time: Thursday, March 5th — 10:00 AM to 11:30 AM

Arizona Science Center — 3-2-1 Blast-off!

Kids, 3 years and up will use a rich scientific vocabulary to design, build and blast off their own rockets using a specially engineered launch pad. **Preregistration recommended.**

Date and Time: Saturday, March 21st — 10:00 AM to 11:00 AM

A New Leaf—Volunteer Income Tax Assistance (VITA) Program

Individuals and families with an annual income of less than \$55,000 are eligible to have their taxes prepared for FREE. IRS-certified volunteers will provide free, basic income tax return preparation with electronic filing options to those who qualify. **No appointment necessary.**

Dates and Times: Tuesdays—3 PM to 7 PM & Saturdays—9 AM to 1 PM; through April 14th, 2020

Developmental, Hearing and Vision Screenings — for Kids, 0 to 5 Years Old

These screenings are aimed at educating parents and caregivers on the milestones that their children should be mastering at their specific age. Activities and educational materials will also be provided to parents to help promote their children's development. Resources and referrals will be provide to parents if a child is screened with a possible developmental or sensory delay. **Screenings available by appointment.**

Dates and Times: Vary by appointment. Please call or email for an appointment.

First Teeth First — Oral Health Program for Young Children (0-5 yrs.) & Pregnant Women

FREE dental screenings, fluoride varnishes and oral health education for children ages 0 to 5 years and expectant women. **No appointment necessary; walk-ins welcome.**

Dates and Times: Monday thru Wednesday— 8:30 AM to 3 PM & 3rd Friday — 9:30 AM to 4 PM

Avondale Family Education & Resource Program — Child Car Seat Education Program

Nearly 4 out of 5 car seats are used incorrectly. Could yours be one of them? Attend one of our car seat safety classes to learn how to secure your children the right way! Meet with a nationally certified technician to make sure your car seat is properly installed. Car seats may be provided at no cost based on need, results of inspection and availability. **Classes are scheduled by appointment.**

Dates and Times: Vary by appointment. Please call or email to register for an upcoming class.

Mark Your Calendars: Upcoming Events — April 2020

International Rescue Committee (IRC) - U.S. Citizenship Classes (New Series)

These are free classes for individuals interested in becoming a U.S. Citizen. These classes will help prepare participants for the civics, reading, writing and speaking components of the citizenship test that are a requirement for the naturalization process, which is administered by U.S. Citizenship and Immigration Services (USCIS). **Preregistration required.**

Dates and Times: Thursdays, starting April 2nd — 4 PM to 7 PM

Common Sense Parenting: Toddlers and Preschoolers

Common Sense Parenting: Toddlers and Preschoolers is an evidenced based, practical training program that gives parents and caregivers effective discipline skills and helps them be more positive with their young children. The program has helped families achieve significantly fewer child behavior problems, improve parent and family satisfaction and positively impact school readiness and child development outcomes. This FREE program consists of 4 weekly sessions and childcare is available if needed. **Preregistration required.**

Dates and Times: Thursdays, beginning April 9th — 3:30 PM to 6:30 PM

Arizona Science Center — Bubble-ology!

Kids, 3 and up, let's get popping! Explore the scientific thinking process using bubbles. We will observe the attributes and actions of bubbles, test unique bubble wands, and create gigantic bubbles large enough to fit a child inside! **Preregistration recommended.**

Date and Time: Saturday, April 18th — 10:00 AM to 11:00 AM

All events/programs are free and will be held at the:

Care1st Avondale Resource Center

328 W. Western Ave.

Avondale, AZ 85323

For more information or to register for any of our programs or events, please visit the Care1st Avondale Resource Center, call: 623.333.2703 or email: jmarquez@avondaleaz.gov

Thank you and we hope you'll join us!

